

Central Valley District 57-006

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Updates:

1. Central Valley is a loosely organized collection of Very autonomous groups. It has been difficult to get GRs from these groups to meet quarterly. The reasons for this are varied and are being addressed.
2. We are currently working on developing a workshop on what a healthy meeting should look like. This is moving along but rather slowly as no one has ever had any experience in putting on a workshop.
3. Successes: We are not giving up on the workshop ☺. We have established a stable location and dates for our district quarterly meetings for the coming year. This may not sound like much but it is a big improvement over the status quo.
4. Challenges: The usual. Retaining members and service participation.
5. Goals: Put this workshop together.
6. Things that work well: Autonomy in the groups, but within Al-Anon policies and by laws.
7. Needs Attention: (See Challenges)